LITE PACK’N BACKPACKING GEAR

Gear for a spring or summer two or three day climb of a significant peak
(*) best for summer trips, with best winter alternates (~) shown as well

BACKPACKS:
~Kelty White Cloud, 6,500 cu in, 1960s classic white expedition winter pack 5, 1
Gregory Adventure Series, Wind River, 6585 cu in, big winter pack (sold) 7, 8
*Gregory Makalu Pro, size large, 4,600 cu in, spring/summer, lite winter peaks 4, 15
*Gregory Rain Cover in a small stuff sack for hiking in the rain 0, 8
*Garbage bag to protect the pack while using a bivy 0, 2

SUMMIT PACK:  (Carried in the day pack to base camp.)
*Lowe Attack Summit, 1,400 cu in, packable, summer preferred 0, 14
~ GoLite Gust Pack, very packable, 3,600 cu in, holds lots of winter down 1, 4
*Generic “hotel shower cap style” rain cover for either, in a stuff sack 0, 1

DAY PACK SUMMER:
*Salomon Raid Race 300, good suspension, pockets, 1,892 cu in 1, 9
*Generic “hotel shower cap style” rain cover in a stuff sack 0, 2

DAY PACK WINTER:
*Black Diamond Sphinx 35L holds tools, extra insulation for winter, 2,140 cu in 2, 7
*Generic rain cover in a stuff sack 0, 2

TENTS:
*BD Firstlight, single wall, 1 to 2 person, four season 2, 11
TNF Soloist Bivy with poles, no stakes or cord, four season (?) 2, 2
~ TNF Assault, single wall, 1 To 2 person, 4 season 4, 15
~ TNF VE-25, classic 4 season, 3 to 4 person, winter expeditions 9, 4
REI Half Dome 2, classic 3 season, 1-2 person, great car camp tent 5, 6
*Aluminum Wire Stakes, 4 for bivy on bare ground, or 0, 2
BD Groundhog Stakes, 9 for Firstlight, or 0, 5
~ Aluminum Snow Stakes, drilled, 9, or 0, 11
~ Plastic Grocery Bags for snow anchors, 9, or 0, 1
*Tie down cord, 50 foot length of light accessory cord for surprise high wind 0, 2

SLEEPING BAGS:
TNF Flight 3D, long, 40 degrees, polarguard, summer trips 1, 5
*TNF Blue Kazoo, long, 20 degrees, down, classic bag, packs smallest 1, 8
*TNF Cat’s Meow, 20 degrees, polarguard delta, classic bag for rain 1, 12
~ TNF Solar Flair, long, -20 degrees, down, my strongest winter bag 2, 4

SLEEPING PADS:
~Cascades Designs Neo-Air, R-2.5, small, 20 X 47 0, 9
Cascades Designs Pro-Lite 3, R-2.0, small, 20 X 47 0, 11
*And also, a Cascades Designs Ridge Rest, solid, 3/4, both for winter 0, 9
Cascades Designs Therm-A-Rest Camp Lite, full length (for car camps) 2, 0

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SMALL OVERNIGHT GEAR:
*Mesh Bag to hold this stuff 0, 0.5
*Cascades Designs Pillow Cover to stuff with the belay jacket 0, 1.5
*Black Diamond Ion LED Headlamp 0, 0.9
~ Snow Brush for winter tent 0, 2
Mosquito Repellant and Head Net 0, 2
*Tooth Brush, Soda and Soap, etc 0, 4
*Toilet Paper, 1/4 roll 0, 2

STOVES:
*MSR PocketRocket Stove for summer 0, 3
   *MSR IsoPro gas, 4 fluid oz, full 1 hr, 6 qts of water boiled 0, 8
      MSR IsoPro gas, 8 fluid oz, full 1-2 hrs, 13 qts of water boiled 0, 12
      Gas container, empty, large, to carry out 0, 5
~MSR Dragonfly Stove to Melt Snow and/or to cook for a group 0, 14
   Fuel, Large, 1 Liter, melts 48 qts of wet snow 1, 10
   ~ Fuel, Regular, 1 Pint, Three Day, melts 24 qts of wet snow 1, 0
   ~ Fuel, Small, Half Pint, Two Day, 12 qts of wet snow 0, 11
~MSR Heat Exchanger for melting snow 0, 6.5
   Note: Snow is melted and filtered (not boiled) to save fuel
*Plastic Cup/Bowl, Dipping Cup, Lexan Spoon, Cigarette Lighter, Sparkie 0, 5
*Coffee and Sugar, three days 0, 4
*Nalgene Little Nipper container (Kailua not included) 0, 1 ;-()

POTS:
*Aluminum Tea Pot and Lid, small, for summer 0, 4.5
~MSR DuraLite Aluminum 2 liter Pot for melting snow 0, 7.5
MSR DuraLite Aluminum 1.5 liter Pot, add for fancy cooking 0, 6
*MSR DuraLite Aluminum Lid for either pot 0, 4
~MSR LiteLifter Aluminum Pot Lifter (danger, use dipping cup, don't pour from pot 0, 1

WATER GEAR:
*Katadyn Mini Filter 0, 8
~Pur Hiker Complete, however, I now mostly use the Katadyn Mini 0, 12.5

*Nalgene Cantina, 96 Oz 0, 2.3
*Nalgene Cantina, 48 Oz 0, 1.9
*Platypus, 2 Liter 0, 2
*Platypus, 1 Liter 0, 1
(Nalgene hard plastic bottles are very heavy, use them in your vehicle, if you dare ;-)) 0, 6.5)

FOOD:
*Sacks for Gorp and food, very light nylon material, small and large, each 0, 1
*ClifBars, 3 to 4 per day in cloth sack 0, 8
*Two Freeze Dried dinners in food bag 2, 0

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CLOTHING:

Boots: (Worn)
*La Sportiva Makalu for snow, fit my snap-on GAB crampons 5, 11
~ Merrell Reflex Mid Waterproof, can fit my ANDE aluminum crampons 3, 4
~ Merrell Pulse, low quarters, everyday hiking and living in Bend, OR 2, 12

Camp Shoes:
*Generic "rest home" Poly Slippers worn in camp and for crossing streams 0, 3

Extra Sox:
*Patagonia Capalene wicking under-sox 0, 1.5
~ Patagonia Nordic ski skull cap, poly pro, fits under other hats 0, 2
*Thorlo Hiker sox, worn every day (never wear out) for Merrells 0, 4

Sack for extra clothing:
* A16 sack for extra sox and wicking layer 0, 0.5

Gore-Tex Gaiters:
*Outdoor Research Rocky Mountain Short for summer if needed 0, 5
~ Outdoor Research Rocky Mountain Long, worn or carried outside 0, 8

Extra Wicking Layer:
*Capalene Boxers, extra 0, 2
*Patagonia Silk Weight Capalene, long sleeved shirt 0, 4.3

Climbing Pants: (Worn)
*RailRiders Weatherpants, indestructible and light weight 0, 13
*TNF Tibetan Hiking Pant, light Cordura and Suplex 1, 1
~ Sport Hill Koch XC 3SP used for easy winter weather 0, 13
~ Patagonia Mix Master Pants, for worst winter weather 1, 11

Shorts:
*TNF Green Cargo Shorts 0, 11.2
*And Rayon Hawaiian Print Shorts 0, 0.1

Shirt:
*Patagonia R1 Flash pull over, worn or packed in summer 0, 10

Wind Vest:
*GoLite Wisp, pullover with hood, not waterproof! 0, 0.3
~ TNF, Hyperactive Vest, Uncoated nylon 0, 5.3
~ Sport Hill Koch XC 3SPF Vest, for winter 0, 11

Belay Jacket:
*Generic Micro-Fill Pullover 0, 15
~ Patagonia Puffball Jacket, warmer 1, 3.5
~ Patagonia Das Parka, synthetic, gold standard belay jacket 1, 13
Early Winters 700 fill down jacket, for town at a great price 1, 3.5

Soft Shell: (Not my favorite tool)
Patagonia Integral Jacket, 4 oz microfibre poly face and brushed interior 0, 12
~ Land’s End Marinac Jacket, great jacket at a great price for town 1, 7

Hard Shell Jackets and Pants:
*~ Patagonia Rainshadow Jacket, waterproof and breathable 0, 13
*~ Go Lite, Shadow, Gore-tex Pants, waterproof and breathable 0, 9
TFN Gore-Tex Packlite Jacket, waterproof and breathable, old style 1, 2
TFN Gore-Tex Packlite Pants, waterproof and breathable, old style 0, 14

Hats and Gloves:
*Glacier Glove Sun Hat with SolarStop Neck Cover 0, 3
*TNF Gore-Tex Baseball Cap with rubber bill 0, 3
*Patagonia Nordic ski skull cap, poly pro, fits under other hats 0, 2
*Patagonia Glove Liners and OR Gore Rain Mitts 0, 2
~ TNF Gore Windstopper Hat and Gloves for winter 0, 5.8
~ OR Gore Windstopper Balaclava for winter 0, 3.5
~ GoLite down hood style hat 0, 2

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ESSENTIALS:
Insulation for the butt and body:
* Sit Pad, 18 X 18 inches, Ensolite 0, 2.4
~ Cascades Designs Neo-Air, R-2.5, small, 20 X 47 0, 9

Adventure Medical Kits Thermo-Lite 2.0 Bivy Sac:
You cannot shelter on snow without a winter insulating pad and insulated Bivy Sac 6, 9

Small Essentials:
* Personal First Aid supplies, Smallest Swiss Army Knife, butane lighter, TP,
  sun block, extra batteries, etc. in a mesh bag 0, 10

Cell Phone:
* Verizon Motorola, (free with $10.00 per month Verizon service) 0, 4

Group First Aid Kit:
~ First Aid Kit without personal Essentials meds and bandages 1, 1.5

Map, Compass and GPS:
* Commercial Wilderness map, big area coverage 0, 3

* USGS Quad maps for your climb or print your own maps, each 0, 2
* Suunto M3D Leader Compass/Protractor, must have 0, 2
* Garmin Venture HC GPS, my “best buy” 0, 6

* Garmin GEKO 201, works just as good 0, 2

SPOT Satellite Messenger, 7 oz.:
* The new v 2.0 is lighter and faster 5, 2

Dark Glasses:
* Rx dark glasses, dark enough for snow use 0, 3
~ Scott Ski Goggles to fit over my own dark glasses 0, 10

Extra Flashlight:
* Petzl Tikka LED Headlamp 0, 2.4

Camera:
* Nikon CoolPix P2, “point and pray” 0, 7

TECHNICAL MOUNTAINEERING GEAR

Crampons:
GAB snap-on, fit my personal large wide La Sportiva Makalu boots 2, 8
ANDE Aluminum strap-on, for spring and summer climbs of Adams and others 1, 11

Ice Axe:
Black Diamond Raven Pro, to 75cm (good summer tool, too short for serious winter slopes) 1, 3
Black Diamond Raven, to 90 cm, a true mountaineering ice axe 2, 2

Wands:
Six Wands at 1 oz. each 0, 6

Poles:
Leki 8, Ergo Model, 3 piece 1, 4

Harness:
Black Diamond Alpine Bod Harness 0, 14

Belay, rappel, autoblock device:
Trango B-52 0, 4

Helmet:
Black Diamond Half Dome 0, 13

Snow Anchors:
BD Picket 24” 0, 14

Runners:
Lots of single and double sewn runners 0, 6

Biners:
BD and Petzl, lightest wire gates and 3 big light lockers 0, 6

Shovel:
Life Link 1, 4

Technical Snowshoes:
MSR Lightening Ascent 3, 10