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LITE PACK'N BACKPACKING GEAR

**For a spring or summer two or three day climb of a significant peak
(* best for summer trips, with best winter alternates (~) shown as well)**

BACKPACKS:

~Kelty White Cloud, 6,500 cu in, 1960s classic white expedition winter pack	6, 1
*Gregory Makalu Pro, size large, 4,600 cu in, spring/summer peaks	4, 15
Gregory Adventure Series, Wind River, 6585 cu in, big winter pack	7, 8
*Gregory Rain Cover in a small stuff sack for hiking in the rain	0, 8
*Garbage bag to protect the pack while using a bivy	0, 2

SUMMIT PACK: (Carried in the day pack to base camp.)

*Lowe Attack Summit, 1,400 cu in, packable, summer preferred	0, 14
~ GoLite Gust Pack, very packable, 3,600 cu in, holds lots of winter down	1, 4
*Generic "hotel shower cap style" rain cover for either, in a stuff sack	0, 02

DAY PACK SUMMER:

*Salomon Raid Race 300, good suspension, pockets, 1,892 cu in	1, 9
*Generic "hotel shower cap style" rain cover in a stuff sack	0, 2

DAY PACK WINTER:

*Black Diamond Sphinx 35L hold tools, extra insulation for winter, 2,140 cu in	2, 7
*Generic rain cover in a stuff sack	0, 2

TENTS:

*BD Firstlight, single wall, 1 to 2 person, four season	2, 11
TNF Soloist Bivy with poles, no stakes or cord, all season	2, 2
~ TNF Assault, Single Wall, 1 To 2 person, 4 season	4, 15
~ TNF VE-25, classic 4 season, 3 to 4 person, winter expeditions	9, 4
REI Half Dome 2, classic 3 season, 1-2 person, great car camp tent	5, 6
*Aluminum Wire Stakes, 4 for bivy on bare ground	0, 1.6
BD Groundhog Stakes, 9 for Firstlight	0, 4.8
~ Aluminum Snow Stakes, Drilled, 9	0, 11
~ Plastic Grocery Bags for Snow Anchors, 9	0, 0.5
*Tie down cord, 50 foot length of light accessory cord for high wind	0, 2

SLEEPING BAGS:

TNF Flight 3D, 40 Degrees, Polarguard, summer trips	1, 9
*TNF Blue Kazoo, 20 Degrees, Down, classic bag, packs smallest	2, 9
TNF Cat's Meow, 20 Degrees, Polarguard Delta, classic bag for rain	2, 12
~ TNF Solar Flair, -20 Degrees, Down, strongest winter bag	3, 15

SLEEPING PADS:

Cascades Designs Neo-Air, R-2.5, small, 20 X 47	0, 9
Cascades Designs Pro-Lite 3, R-2.0, small, 20 X 47	0, 11
And also, a Cascades Designs Ridge Rest, solid, 3/4	0, 9 *
Cascades Designs Therm-A-Rest Camp Lite, full length for car camps	2, 0

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SMALL OVERNIGHT GEAR:

*Mesh Bag to hold this stuff	0, 0.5
*Cascades Designs Pillow Cover to stuff with the belay jacket	0, 1.5
*Black Diamond Ion LED Headlamp	0, 0.9
~ Tent Snow Brush	0, 2
Mosquito Repellant and Head Net	0, 2
*Tooth Brush, Soda and Soap, Etc	0, 4

STOVES: *(See my photos of this gear)*

*MSR PocketRocket Stove for summer	0, 3
*MSR IsoPro gas, 4 fluid oz, full 1 Hr, 6 Qts of water boiled	0, 8
MSR IsoPro gas, 8 fluid oz, full 1-2 Hrs, 13 Qts of water boiled	0, 12
Gas container, empty, large, to carry out	0, 5
~MSR Dragonfly Stove to Melt Snow and/or to cook for a group	0, 14
Fuel, Large, 1 Liter, melts 48 Qts of wet snow	1, 10
~ Fuel, Regular, 1 Pint, Three Day, melts 24 Qts of wet snow	1, 0
~ Fuel, Small, Half Pint, Two Day, 12 Qts of wet snow	0, 11
~MSR Heat Exchanger for melting snow	0, 6.5
Note: Snow is melted and filtered (not boiled) to save fuel	
*Plastic Cup/Bowl, Dipping Cup, Lexan Spoon, Cigarette Lighter, Sparkie	0, 5
*Coffee and Sugar, three days	0, 4
Nalgene Little Nipper Container for (Kailua not included)	0.1 ; -)

POTS:

*Aluminum Tea Pot and Lid, Small, for Summer	0, 4.5
~MSR DuraLite Aluminum 2 Liter Pot for melting snow	0, 7.5
MSR DuraLite Aluminum 1.5 Liter Pot, add for fancy cooking	0, 6
*MSR DuraLite Aluminum Lid for either pot	0, 4
~MSR LiteLifter Aluminum Pot Lifter (danger, use dipping cup, don't pour)	0, 1

WATER GEAR:

*Katadyn Mini Filter	0, 8
~Pur Hiker Complete, however, I now mostly use the Katadyn Mini	0, 12.5
*Nalgene Cantina, 96 Oz	0, 2.3
*Nalgene Cantina, 48 Oz	0, 1.9
*Platypus, 2 Liter	0, 2
*Platypus, 1 Liter	0, 1
(Nalgene hard plastic bottles are very heavy, use them in your vehicle)	0, 6.5)

MISCELLANEOUS GEAR:

*Sacks for Gorp and Food, very light nylon material, small and large	0, 1 *
*ClifBars, 3 to 4 per day in cloth bag	0, 8
Food	
Two Freeze Dried dinners in food bag	2, 0 *

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CLOTHING:**Boots:** (Worn)

*La Sportiva Makalu for snow, fit snap on GAB crampons	5, 11
~ Merrell Reflex Mid Waterproof, can fit ANDE Aluminum crampons	3, 4
~ Merrell Pulse, low quarters, everyday hiking and living in Bend, OR	2, 12

Camp Shoes

*Generic "rest home" Poly Slippers worn in camp and for crossing streams	0, 3
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Extra Sox:

*Patagonia Capalene wicking under-sox	0, 1.5
and Smartwool Hiker heavy sox for Makalu boots	0, 4.5
*Thorlo Hiker sox, worn every day (never wear out) for Merrells	0, 4

Sack for extra clothing:

* A16 sack for extra sox and wicking layer	0, 0.5
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Gore-Tex Gaiters:

*Outdoor Research Rocky Mountain Short for summer if needed	0, 5
~ Outdoor Research Rocky Mountain Long, worn or carried outside	0, 8

Extra Wicking Layer:

*Capalene Boxers, extra	0, 2
*Patagonia Silk Weight Capalene, long sleeved shirt	0, 4.3

Climbing Pants: (Worn)

*TNF Tibetan Hiking Pant, light Cordura and Suplex	1, 1
~ Sport Hill Koch XC 3SP used for all winter weather	0, 13

Shorts:

TNF Green Cargo Shorts	0, 11.2
*And Rayon Hawaiian Print Shorts	0, 0.1

Shirt:

*Patagonia R1 Flash pull over, worn or packed in summer	0, 10
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Wind Vest:

*GoLite Wisp pullover with hood	0, 0.3
~TNF, Hyperactive Vest, Uncoated	0, 5.3
~ Sport Hill Koch XC 3SPF Vest, for winter	0, 11

Belay Jacket:

*Generic Micro-Fill Pullover	0, 15
~ Patagonia Puffball Jacket, warmer	1, 3.5
~ Patagonia Das Parka, synthetic, gold standard belay jacket	1, 13
~ Early Winters 700 Fill Down Jacket, for town, great price	1, 3.5

Soft Shell: (Not my favorite style)

Patagonia Integral Jacket, 4 oz microfibre poly face and brushed interior	0, 12
~GoLite Vitality Jacket, Pertex/Equilibrium from Perseverance Mills, UK	0, 12
~ Land's End Marinac Jacket, great jacket at a great price	1, 7

Hard Shell and Pants:

*Patagonia Rainshadow Jacket, waterproof and breathable	0, 13
*Go Lite, Shadow, Gore-tex Pants, waterproof and breathable	0, 9
TNF Gore-Tex Packlite Jacket, waterproof and breathable	1, 2.5
TNF Gore-Tex Packlite Pants, waterproof and breathable	0, 14.5

Hats and Gloves:

*Glacier Glove Sun Hat with SolarStop Neck Cover	0, 3
*TNF Gore-Tex Baseball Cap with rubber bill	0, 3
*Patagonia Nordic ski skull cap, poly pro, fits under other hats	0, 2
*Patagonia Glove Liners and OR Gortex Rain Mitts	0, 2
~TNF Gore Windstopper Hat and Gloves for winter	0, 5.8
~ OR Gore Windstopper Balaclava for winter	0, 3.5
~GoLite down hood style hat	0, 2

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ESSENTIALS:

Insulation for the butt and body:

- *Sit Pad, 18 X 18 inches, Ensolite 0, 2.4
- ~ Cascades Designs Neo-Air, R-2.5, small, 20 X 47 0, 9

Adventure Medical Kits Thermo-Lite 2.0 Bivy Sac:

- You cannot shelter on snow without a winter insulating pad and insulated Bivy Sac 6. 9

Small Essentials:

- *Personal First Aid supplies, Smallest Swiss Army Knife, butane lighter, TP, sun block, extra batteries, etc. in a mesh bag 0, 10

Cell Phone:

- *Verizon Motorola, (free with \$10.00 per month Verizon service) 0, 4

Group First Aid Kit:

- ~ First Aid Kit without personal Essentials meds and bandages 1, 1.5

Map, Compass and GPS:

- *Commercial Wilderness map 0, 3
- *USGS Quad maps for your climb or print your own maps, each 0, 2
- *Suunto M3D Leader Compass/Protractor, must have 0, 2
- *Garmin Venture HC GPS, my "best buy" 0, 6
- *Garmin GEKO 201, works just as good 0, 2

SPOT Satellite Messenger, 7 oz.-

- *The new v 2.0 is lighter and faster 5. 2

Dark Glasses:

- *Rx dark glasses, dark enough for snow use 0, 3
- ~ Scott Ski Goggles to fit over my own dark glasses 0, 10

Extra Flashlight:

- *Black Diamond LED Ion Headlamp 0, 2
- *Petzl Tikka LED Headlamp 0, 2.4

Camera:

- *Nikon CoolPix P2, "point and pray" 0, 7

TECHNICAL MOUNTAINEERING GEAR

Crampons:

- GAB snap-on, fit my personal large wide La Sportiva Makalu boots 2, 8
- ANDE Aluminum strap-on, for spring and summer climbs of Adams and others 1, 11

Ice Axe:

- Black Diamond Raven Pro, to 75cm (good summer tool, too short for serious winter slopes) 1, 3
- Black Diamond Raven, to 90 cm, a true mountaineering ice axe 2, 2

Wands:

- Six Wands at 1 oz. each 0, 6

Poles:

- Leki 8, Ergo, 3 piece 1, 4

Harness:

- Black Diamond Alpine Bod Harness 0, 14

Belay, rappel, autoblock device

- Trango B-52 0, 4

Helmet:

- Black Diamond Half Dome 0, 12.7

Snow Anchors:

- BD Picket 24" 0, 14

Runners:

- Lots of single and double sewn runners 0, 6

Biners:

- BD and Petzl

Shovel:

- Life Link 1, 4.5

Technical Snowshoes

- MSR Lightening Ascent 3, 10

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