

## BOOKS ABOUT TRADITIONAL MOUNTAINEERING

*"To this day mountain climbing remains the most literary of all sports. No other activity so compels its participants, from the international star to the weekend scrambler, to turn each personal conquest into a public tale."* Bruce Barcott, "Cliffhangers," Harpers, August 1996

### BOOKS THAT WILL INSPIRE YOU TO CLIMB MOUNTAINS

Among the Alps with Bradford, Bradford Washburn, 1927  
Scrambles Amongst the Alps, Edward Whymper, 1840-1911, re-published 1936  
Five Miles High, Robert H. Bates And Charles S. Houston, M.D., 1939  
Annapurna, Maurice Herzog, 1952  
The Conquest of Everest, Sir John Hunt, 1953  
Starlight and Storm, Gaston Rebuffat, 1957  
Americans on Everest, Norman Dyhrenfurth, 1963  
Everest, The West Ridge, Thomas Hornbein, MD 1963 \*  
On Snow and Rock, Gaston Rebuffat, 1963  
Conquistadors Of The Useless, Lionel Terray, 1963  
On The Heights, Walter Bonatti, 1964  
Between heaven and Earth, Gaston Rebuffat, 1965  
Men and the Matterhorn, Gaston Rebuffat, 1967  
The Book of Modern Mountaineering, editor Malcolm Milne, 1968  
Annapurna South Face, Chris Bonington, 1971  
The Vertical World of Yosemite, editor Galen Rowell, 1974  
Mountains, John Cleare, 1975  
The White Spider, Heinrich Harrer, 1976, + 1976 paperback signed  
Storm & Sorrow, Robert W. Craig, 1977  
The Mountains of Canada, Randy Morse, 1978  
Tales of a Western Mountaineer, CE Rusk, 1978 \*  
The Challenge of Rainier, Dee Molenaar, 1979 \*  
Fifty Classic Climbs of North America, Steve Roper, 1979 \*  
Many People Come Looking, Galen Rowell, 1980  
The Last Step, the American Ascent of K2, Rick Ridgeway, 1980  
Eiger, Wall of Death, Arthur Roth, 1982 +  
Moments Of Doubt, David Roberts, 1986  
K2, Triumph and Tragedy, Jim Curran, 1987  
Heroic Climbs, Editor Chris Bonington, 1994  
In The Zone, Peter Potterfield, 1996  
A Fine Kind of Madness, Laura and Guy Waterman, 2000  
John Muir Natures Visionary, Gretel Ehrlich for National Graphic Society, 2000  
Soul Of The Heights, Ed Cooper, 2007

## **TEXT BOOKS ON TRADITIONAL MOUNTAINEERING**

Mountaineering, the Freedom of the Hills, The Mountaineers, 1960 (please send me one)  
Mountaineering, the Freedom of the Hills, The Mountaineers, 2<sup>nd</sup> edition, 1967  
Mountaineering, the Freedom of the Hills, The Mountaineers, 3<sup>rd</sup> edition, 1974  
Mountaineering, the Freedom of the Hills, The Mountaineers, 4<sup>th</sup> edition, 1982  
Mountaineering, the Freedom of the Hills, The Mountaineers, 5<sup>th</sup> edition, 1992  
Mountaineering, the Freedom of the Hills, The Mountaineers, 6<sup>th</sup> edition, 1997  
Mountaineering, the Freedom of the Hills, The Mountaineers, 7<sup>th</sup> edition, 2003 + \*

The Book of Modern Mountaineering, Malcolm Milne, editor, 1968  
Bergsteigen, RC Aleith, 1975  
The Leader's Reference Book, editors Sierra Club, 1985  
Mountaineering Basics, editor Lynne Foster, 1982  
Mountaineering Training Committee Staff Handbook, editors Speik and Knudson, 1985  
The Handbook of Climbing, Fyffe and Peter, 1997  
NOLS Wilderness Mountaineering, Phil Powers, 1993  
Extreme Alpinism, Mark Twight and James Martin, 1999 \*

## **TRADITIONS AND ETHICS**

The Great Pacific Iron Works Catalog, Yvon Chouinard, 1972 \*  
The Great Pacific Iron Works Catalog, Yvon Chouinard, 1974  
Peaks, Passes and Glaciers, Walt Unsworth, editor, Selections from Alpine Journal, 1981  
Cloud Dancers, Portraits of North American Mountaineers, editor Jonathan Waterman, 1993  
Beyond Risk, Conversations with Climbers, editor Nicholas O'Connell, 1993  
On Belay, The Life and Legend of Paul Petzoldt, Raye Ringholz, 1997 +  
Outdoor Leadership, John Graham, 1997  
NOLS Climbing Instructor Notebook, editors Phil Powers and Micheal Cheek, 2000  
The American Alpine Club Membership Handbook 1999/2000  
Wilderness Risk Management Conference Proceedings, NOLS, Outward Bound and CSA, 2000  
A Century of American Alpinism, Fay, Bent, Palmer et al, 2002  
The American Alpine News Spring 2004-summer 2004, summer 2005-winter 2005,  
summer 2006-winter 2006  
The American Alpine Journal, editor John Harlin III, Volume 39,1977 – volume 49, 2007

## **TRADITIONAL ROCK CLIMBING TECHNIQUES**

Basic Rockcraft, Royal Robbins, 1971 \*  
Advanced Rockcraft, Royal Robbins, 1973 \*  
Learning to Rock Climb, Michael Loughman, 1981  
Rappelling, Tom Martin, 1985  
How to Rappel, Craig Luebben, 2000  
How to Rock Climb, John Long 1993 +  
Climbing Anchors, John Long, 1993  
More Climbing Anchors, John Long and Bob Gaines, 1996  
Big Wall Climbing, Doug Scott, 1974  
Big Walls, John Long and John Middendorf, 1994  
Free Climbing with John Bachar, Bachar and Boga, 1996  
Quick Clips, Climbing Magazine, 1997  
Spirit of the Rock, Ron Kauk, 2003  
Alpine Climbing: Techniques to Take You Higher, Mark Houston and Kathy Cosley, 2004  
Rock Climbing: Mastering Basic Skills, Craig Luebben, 2004

## **CLIMBING MOUNTAIN SNOW, ROCK AND ICE**

Climbing Ice, Yvon Chouinard, 1978, paper 1978 +  
Icecraft, Norman Kingsley, 1975  
Climbing Ice, Duane Raleigh, 1995  
Glacier Travel and Crevasse Rescue, Andy Selters, 1990 +  
Climbing Rock and Ice, Jerry Cinnamon, 1993  
Rock and Ice Gear, Clyde Soles, Rock and Ice, 2000

## **ACCIDENT RESPONSE**

Accidents in North American Mountaineering, editor Jed Williamson, fifty annual editions, 1977-1987, 1991, 1994, 1995, 1997-2007  
International Mountain Rescue Handbook, Hamish MacInnes, 1972  
CMC Rope Rescue Manual, editors Frank and Smith, 1992  
Self-Rescue, David Fasulo, 1996 +  
Close Calls, John Long, 1999  
Lessons Learned, editor University of Alaska, 2000

## **WILDERNESS MEDICINE**

Backcountry First Aid and Extended Care, Buck Tilton, 1998 +  
Wilderness Medical Society Practice Guidelines, WMS, 1997  
Wilderness First Responder Text, Buck Tilton 1998 +  
Medicine for the Backcountry, Buck Tilton, 1997  
Don't Get Sick, Buck Tilton, 1997  
Medicine for Mountaineering, Wilkerson, 1961  
Mountaineering First Aid, Dick Mitchell, 1972  
Outward Bound Wilderness First Aid, Isaac and Goth, MD, 1994  
Mountaineering Medicine, Fred Darvill, Jr., MD, 1992  
How to Shit in the Woods, Kathleen Meyer, 1999  
Altitude Illness: Prevention & Treatment, Stephen Bezruchka, M.D., 2005

## **HYPOTHERMIA AND FROST BITE**

Hypothermia, Frostbite and Other Cold Injuries, Wilkerson, MD and Bangs, MD, 1986 +

## **SNOW TRAVEL**

Snow Camping, editors Nordic World, 1974  
Snow Caves, Ernest Wilkinson, 1992  
The Basic Essentials of Avalanche Safety, Buck Tilton, 1992  
Snow Sense, Jill Fredston and Doug Fesler, 1994  
Allen and Mike's Really Cool Backcountry Ski Book, O'Bannon and Clelland, 1996 +

## **BACKPACKING**

The Thousand Mile Summer, Colin Fletcher, 1964  
The Complete Walker, Colin Fletcher, 1968 +  
The Man Who Walked Through Time, Colin Fletcher, 1971  
Backpacking, One Step at a Time, Harvey Manning, 1972  
Pleasure Pack'n, Robert Wood, 1972  
The Majestic Rocky Mountains, William S. Ellis, 1976  
NOLS Wilderness Guide, Simer and Sullivan, 1983  
NOLS Soft Paths, Hampton and Cole, 1986  
Journey On The Crest, Cindy Ross, 1987  
The Secret Worlds of Colin Fletcher, 1990  
The Pacific Crest Trail Hiker's Handbook, Ray Jardine, 1992  
A Walk in the Woods, Bill Bryson, 1998  
Journey on the Crest, Cindy Ross, 1987  
Bear Aware, Bill Schneider, 1999  
Beyond Backpacking, Ray Jardine, 2000  
Winter Hiking & Camping, Backpacker Magazine, Michael Lanza, 2003

## **BACKPACK COOKERY**

Backpack Cookery, Ruth Mendenhall, 1966  
Food for Knapsackers, Hasse Brunnelle, 1971  
The Well-fed Backpacker, June Fleming, 1976  
Gorp, Glop and Glue Stew, editors Prater and Mendenhall, 1982  
Wilderness Ranger's Cookbook, editors Brunnelle and Swain, 1990  
Cooking the One Burner Way, Gray and Tilton, 1994 +

## **LOCAL HIKING GUIDES**

Pacific Crest Trail, two volumes, Jeffery Schaffer, 1974 +  
60 Hiking Trails in the Central Oregon Cascades, Don and Roberta Lowe, 1978  
Ski Tours in Central Oregon, Virginia Meissner, 1984  
High Country of Central Oregon, Ray Hatton, 1987  
100 Hikes in the Central Oregon Cascades, William Sullivan, 1991 +  
The Hiker's Guide to Oregon, Donna Aitkenhead, 1992  
Twenty-five Hikes along the Pacific Crest Trail, Don and Lolly Skillman, 1994  
100 Hikes in Eastern Oregon, William L. Sullivan, 2001  
100 Hikes in Southern Oregon, William L. Sullivan, 2003

## **BOOKS ON MOUNTAIN WEATHER**

Bend Country Weather, Ray Hatton, 1990  
Northwest Mountain Weather, Jeff Renner, 1992 +

## **WILDERNESS CONCEPT**

My First Summer in the Sierra, John Muir, 1911  
A Sand County Almanac, Aldo Leopold, 1949  
The Yosemite, John Muir, 1912, re-published 1962  
NOLS Soft Paths, editors Hampton and Cole, 1995 +  
Lightly on the Land, Robert Birkby, for the Student Conservation Association, 1996

## **BACKCOUNTRY NAVIGATION**

Be Expert with Map and Compass, Bjorn Kjellstrom, 1955 (-)  
The Basic Essentials of Map and Compass, Cliff Jacobson, 1988  
Staying Found, June Fleming, 1994 +  
GPS Made Easy, Lawrence Letham, 1995  
Wilderness Navigation, Burns and Burns, 1999  
GPS Land Navigation, Michael Ferguson, 1997 +  
A Comprehensive Guide to Land Navigation with GPS, Noel Hotchkiss, 1994  
Using GPS, Bruce Grubbs, 1999

## **BOOKS ABOUT MT. EVEREST AND OTHER HIGH SUMMITS**

Men Against The Clouds, Burdsall Emmons Moore Young, 1935 (revised by Seattle Mountaineers 1980)  
British Mountaineers, F. S. Smythe, 1942  
The Ascent of Everest, John Hunt, 1953  
The Conquest of Everest, Sir John Hunt, 1958  
Karakoram – The Ascent of Gasherbrum IV, Fosco Maraini, 1961  
Four Against Everest, Woodrow Wilson Sayre, 1964  
Americans on Everest, Norman Dyhrenfurth, 1964 +  
Everest, the West Ridge, Thomas Hornbein, MD 1965 + \* , 1980  
The Ultimate Challenge, Chris Bonington, 1973  
The Shining Mountain, Peter Boardman, 1978  
The Boldest Dream, Rick Ridgeway, 1979  
High Mountains & Cold Seas, J. R. L. Anderson, 1980 (biography of H.W. Tilman)  
Expeditions To Nowhere, Paddy Sherman, 1981  
Kongur China's Elusive Summit, Chris Bonington, 1982  
Sacred Summits, Peter D. Boardman, 1982  
The Shishapangma Expedition, Doug Scott & Alex MacIntyre, 1984  
Everest Grand Circle, Ned Gillette and Jan Reynolds, 1985  
White Limbo, Lincoln Hall, 1985  
Thin Air, Greg Child, 1988  
The Endless Knot, Kurt Diemberger, 1990  
Blind Corners, Geoff Tabin, 1993  
Beyond the Limits, Stacy Allison, 1993  
Mount McKinley, Fred Beckey, 1993  
Everest, Mountain Without Mercy, Broughton Coburn, 1996  
The Measure Of A Mountain, Bruce Barcott, 1997  
Dark Shadows Falling, Joe Simpson, 1997  
Into Thin Air, John Krakauer, 1997 + 1997, + 1997  
The Climb, Anatoli Boukreev and G. DeWalt, 1997 +  
The Other Side of Everest, Matt Dickinson, 1999  
High Exposure, David Breashears (director), 1999 (made into movie)  
Tibet's Secret Mountain, Chris Bonington and Charles Clarke, 1999  
Ghosts of Everest, the Search for Mallory and Irvine, Hemmleb, Johnson and Simonson, 1999  
Climbing High, Lene Gammelgaard, 1999  
Life and Death on Mt. Everest, Sherry Ortner, 1999  
The Ghosts of Everest, Hemmler, Johnson and Simonson, 1999 \*

## **CLIMBING GUIDE BOOKS**

Footloose in the Swiss Alps, William Reifsnyder, 1974  
Climber's Guide to the High Sierra, Steve Roper, 1976  
Cascade Alpine Guide, three volumes, Fred Becky, 1977  
100 Hikes in the Alps, Spring and Edwards, 1979  
Climber's Guide to Joshua Tree, Wolf and Dominick, 1979  
Joshua Tree National Monument, Robert Cates, 1984  
Mexico's Volcanoes, a Climbing Guide, RJ Secor, 1981  
Oregon Rock, a Climbers Guide, Jeff Thomas, 1983  
Oregon High, a Climbing Guide, Jeff Thomas, 1991 +  
Climber's Guide to Smith Rock, Alan Watts, 1992 +  
Denali Climbing Guide, RJ Secor, 1998  
Selected Climbs in the Cascades, Nelson and Potterfield, 1993  
The Trad Guide To Joshua Tree, Charlie & Diane Winger, 2004  
75 Scrambles in Oregon best non-technical ascents, Barbara I. Bond, 2005  
Topos Huasteca, Hans Martinez, 2005  
Thailand A Climbing Guide, Sam Lightner, 2005

## **BOOKS ON THE CLIMBING LIFE**

I Chose to Climb, Christian Bonington, 1966  
Downward Bound – A Mad Guide to Rock Climbing, Warren Harding, 1975  
The Next Horizon, Chris Bonington, 1976  
The Games Climbers Play, editor Ken Wilson, 1978 +  
A walk In the Sky, Nicholas Clinch, 1982  
Seven Summits, Bass, Wells and Rick Ridgeway, 1986  
Stehekin, Grant McConnell, 1988  
Eiger Dreams, John Krakauer, 1990 \*  
A Climber's Life, Reinhold Messner, 1991  
Royal Robbins, Spirit of the Age, Pat Ament, 1992  
Stories Off The Wall, John Roskelley, 1993  
The Burgess Book of Lies, Adrian and Alan Burgess, 1994 (cloth) + 1998 (paper)  
Memoirs of a Mountain Guide, Lou Whittaker, 1994  
Camp 4, Recollections of a Yosemite Rock Climber, Steve Roper, 1994  
Rock Jocks, Wall Rats and Hang Dogs, John Long, 1994  
The Best of Outside Magazine, the Editors of Outside, 1997  
Escape Routes, David Roberts, 1997  
Addicted to Danger, Jim Wickwire, 1998 (hardcover), 1998 (paper)  
Touching the Void, Joe Simpson, 1998 +  
Everest: The Ultimate Hump, T. Knight, 1999 (cartoons)  
A life On The Edge, Jim Whittaker (autobiography), 1999  
A Fine Kind of Madness, Laura and Guy Waterman, 2000  
Below Another Sky, Rick Ridgeway, 2001 +  
Breaking Trail, Arlene Blum, 2005

## **BOOKS THAT WILL HELP YOU IMPROVE YOUR MOUNTAINEERING FITNESS**

Aerobics, Major Kenneth Cooper, MD USAF, 1968 +  
The New Aerobics, Kenneth Cooper, MD, 1970  
The Complete Book of Running, James F. Fixx, 1977  
Fit or Fat, Covert Bailey, 1977 +  
The Pritikin Program of Diet and Exercise, Nathan Pritikin, 1979  
Stretching, Bob Anderson 1975 +  
Encyclopedia of Bodybuilding, Arnold Schwarzenegger, 1985 +  
A Training Guide and Programs for Cross Country Skiers, Torbjorn Karlsen, 1992 +  
Sports Endurance, Scott Tinley, 1994 +

**This is a basic list of books which have been purchased over the years for the personal library of Traditional Mountaineering.** I know there are glaring omissions. Some wonderful books I do not own as yet, Bradford Washburn's, Mountain Photography, for instance. The books marked with a + might be read first. The books marked with a \* are included in the 2002 American Alpine Journal list called "High Praise" by David Stevenson, of fifty-two magnificent books from the first century of the American Alpine Club. --Robert Speik

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